



Havre de Grace Youth Sailing

COVID-19 Mitigation Plan & Procedures

Family Communication and Liability Waiver

The Havre de Grace Youth Sailing Program (HdGYSP) is excited to get kids safely out on the water in 2021! For camp alumni, our camp will look a bit different this year. For those new to our program, COVID-19 mitigation strategies will combine family with camp obligations to make camp safe. Youth day camps are regulated by the state of Maryland. We will follow Maryland's "AMENDED DIRECTIVE AND ORDER REGARDING YOUTH CAMP PROGRAMS Pursuant to Executive Order 20-06-10-01 No. MDH 2020-06-12-02" until superseded or cancelled. The following are specifics for our Program:

Instruction in Groups

Campers will be grouped into instructional pods. Campers, staff, and equipment will remain associated with the same pod during each weekly session. Pods are various sizes up to a maximum size of 12 people following these guidelines:

1. There will be at least one US Sailing Level 1 certified instructors for each pod;
2. One US Sailing Level 1 certified instructor will supervise a maximum of 10 campers;
3. Additional staff will be assigned to support each certified instructor as needed;
4. Social distancing will be maintained within pods and between pods;
5. Masks will be worn by all campers, staff, and volunteers while ashore; and
6. Each pod shall maintain separate areas to store gear, lunches/snacks, and waste.

Procedures for Drop off/Pickup with Health Screening

Pods will have specific drop off and pick up times in order to maintain social distancing and to facilitate the daily sign in process and currently required medical screening. If your child has an elevated temperature or is exhibiting signs of illness, please do not bring that child to camp. Families are to remain in their cars for drop off and pickup. Campers shall be masked upon leaving their car where they will be greeted by their pod lead instructor, asked the medical screening questions, have their temperature read, and marked in the attendance roster. Temperatures above 100.4 degrees Fahrenheit will exclude that camper from attending camp for the remainder of their session week. An excluded camper must be removed from the camp area, get a COVID-19 test, and provide the results to camp operators. If an excluded camper receives two negative COVID tests results within 10 days of being

excluded, that camper may be allowed to return to camp to attend additional sessions weeks for which they are enrolled. If an excluded camper has a positive COVID-19 test, this will trigger a mandatory COVID testing protocol and contact tracing for the other members of the camper's pod unless vaccinated. PLEASE DO NOT BRING A SICK CHILD TO CAMP.

Drop off and pickup times are staggered as follows:

Pod Orange:	8:00 – 8:15	Pickup: 3:00 - 3:10
Pod Blue:	8:15 – 8:30	Pickup: 3:10 - 3:20
Pod Red:	8:30 – 8:45	Pickup: 3:20 – 3:30
Pod Green:	8:45 – 9:00	Pickup: 3:30 – 3:40

Down Time and Sanitary Facilities

Pods will designate a storage spot for all personal gear such as extra clothes, water containers, sunscreen, hand sanitizer, and lunches/snacks. Campers will have a “specific rest” spot within their pod where they will have lunch while remaining socially distanced. Pods will have group recreational time using the park grounds, and the partner areas provided for camp usage.

Face mask will be worn while ashore and on the docks during instructional and down time activities. HdGYSP will provide each camper with one tethered 3-layer face mask on the first day of each camp session. Parents may purchase extra masks for convenience or as a replacement if/when needed. Campers must wear a camp approved mask.

Usage of Camp Fleet and Instructional Equipment

Campers will sail alone in their own boat during activities afloat. There are special protocols that may enable crewed boat usage in specific family approved configurations (e.g., sibling sailors in a C420).

What to bring to camp each day

- Camper's personal flotation device (PFD)
- Two full water bottles (at least 64 oz total per camper per day)
- Lunch/snacks for the day in a backpack cooler

- Small personal hand sanitizer and small personal sunscreen (SPF 50 or better)
- Optional head covering and sunglasses
- Sailing mask and extra mask (if the first one gets wet)
- Bag big enough to hold all items
- Towel/Blanket for “designated spot”

Response to and Management of Suspected/Confirmed COVID-19

Staff Exposed to COVID-19 Outside of Camp Activities

Staff and volunteers with laboratory confirmed COVID-19 may not return to camp until they have completed a 14-day quarantine period and are cleared by a health care professional. Staff and volunteers exposed to known COVID-19 infected individuals may not participate in camp activities. They must isolate until a 14-day quarantine is completed following CDC guidance. Staff and volunteers who develop suspected COVID-19 disease may return to camp only after 2 consecutive negative COVID-19 tests within 10 days of the onset of illness or medical concerns.

Campers Exposed to COVID-19

Campers exposed to COVID-19 or who develop suspected COVID-19 symptoms outside of camp may not participate in camp activities until cleared by a healthcare provider to include having 2 negative COVID-19 tests within 10-days of the suspected exposure or onset of illness. **IT IS IMPERTIVE THAT CAMPERS NOT COME TO CAMP IF ILL.** All campers and all staff and volunteers from a pod where a pod member is found to have a confirmed or probable case of COVID-19 shall isolate and remain away from camp until completion of a 14-day quarantine following CDC guidelines. All such individuals may not attend camp activities until completing all quarantine, testing, and clearances from the individual’s health care provider. The HdGYSP will communicate with the local health department and parents concerning all suspected exposures at camp. Based on consultation with the local health department, the current session week and possibly additional session weeks may be closed based on level of contact and potential exposure.

If a staff member, volunteer, or a camper develops symptoms of COVID-19 during camp, that person shall be isolated in a safe place awaiting being sent home. The youth camp’s Health Supervisor and the camper’s parent/guardian (or emergency contact) will be notified, and arrangements made for removal from camp with transportation home or to a healthcare facility as appropriate. If your child shows symptoms of COVID-19 while at home, they must stay home from camp. **IT IS IMPERTIVE THAT CAMPERS NOT COME TO CAMP IF ILL.**

Camp Fees for COVID-19 Related Lost Days

Camp operators will not be held responsible for camp days lost due to COVID-19 related disruptions to normal camp activities. This included campers who must stay home because of illness, campers who are excluded from camp following a failed health screening, campers from pods who must isolate from camp because of confirmed COVID-19 occurrence in their pod, and campers part of a complete halt to all camp activities.

COVID-19 Safety Acknowledgment Liability Waiver and Release of Claims

COVID-19 SAFETY INFORMATION

Participating in events held or sponsored by the Havre de Grace Youth Sailing Program (HdGYSP) is done for the enjoyment of participating families at their request. Participation requires compliance with CDC guidelines and Maryland Health Department regulations for youth camps. Social distancing must be practiced, and face coverings worn at all times when at camp and off the water to reduce the risks of exposure to COVID-19. The HdGYSP strongly encourages all parents, volunteers, staff be vaccinated against COVID-19 before participating in camp activities.

Because COVID-19 is extremely contagious and is primarily spread via person-to-person contact, HdGYSP has put in place measures to reduce the likelihood of COVID-19 spread. However, the HdGYSP cannot guarantee campers, volunteers, staff, or others in and around camp will not become COVID-19 infected.

By attending an HdGYSP activity, you certify that your family does not fall into any of the following categories:

1. A family with members having a positive COVID-19 test within the last fourteen days;
2. A family with members having experienced any symptoms associated with COVID-19 (e.g., fever, cough, and shortness of breath) within the past fourteen (14) days;
3. A family with members having traveled at any point in the past fourteen (14) days to a location experiencing sustained community spread of COVID-19; or
4. A family believing they may have been exposed to a confirmed or suspected case of COVID-19 or who was previously diagnosed with COVID-19 and not yet cleared as non-contagious by state or local public health authorities or the health care team responsible for their treatment.

DUTY TO SELF-MONITOR

Families shall agree to self-monitor for signs and symptoms of COVID-19 (fever, cough, and shortness of breath) and contact HdGYSP if any family member or family close social contact experiences symptoms of COVID-19 within fourteen days after participating or volunteering with HdGYSP.

RELEASE AND WAIVER

I HEREBY RELEASE, WAIVE AND FOREVER DISCHARGE ANY AND ALL LIABILITY, CLAIMS, AND DEMANDS OF WHATEVER KIND OR NATURE AGAINST THE HdGYSP AND ITS AFFILIATED PARTNERS AND SPONSORS, INCLUDING IN EACH CASE, WITHOUT LIMITATION, THEIR DIRECTORS, OFFICERS, EMPLOYEES, VOLUNTEERS, AND AGENTS (THE "RELEASED PARTIES"), EITHER IN LAW OR IN EQUITY, TO THE FULLEST EXTENT PERMISSIBLE BY LAW, INCLUDING BUT NOT LIMITED TO DAMAGES OR LOSSES CAUSED BY THE NEGLIGENCE, FAULT OR CONDUCT OF ANY KIND ON THE PART OF THE RELEASED PARTIES, INCLUDING BUT NOT LIMITED TO DEATH, BODILY INJURY, ILLNESS, ECONOMIC LOSS OR OUT OF POCKET EXPENSES, OR LOSS OR DAMAGE TO PROPERTY, WHICH I, MY HEIRS, ASSIGNEES, NEXT OF KIN AND/OR LEGALLY APPOINTED OR DESIGNATED REPRESENTATIVES, MAY HAVE OR WHICH MAY HEREINAFTER ACCRUE ON MY BEHALF, WHICH ARISE OR MAY HEREAFTER ARISE FROM MY PARTICIPATION WITH THE ACTIVITY.

ASSUMPTION OF THE RISK.

I acknowledge and understand the following:

1. I agree participation includes possible exposure to and illness from infectious diseases including but not limited to COVID-19. While particular rules and personal discipline may reduce this risk, the risk of serious illness and even death does exist;
2. I agree campers be monitored for body temperature and screened for health status;
3. I knowingly and freely assume all risks related to illness and infectious diseases, such as COVID-19, even if arising from the negligence or fault of the Released Parties; and
4. I knowingly assume the risk of injury, harm and loss associated with HdGYSP activities, including any injury, harm and loss caused by the negligence, fault or conduct of any kind on the part of the Released Parties.

Camper Name: _____

Parent guardian Name: _____

Effective Date: _____