

# Hey, Kids! Learn to Sail this Summer!

## 2024 Havre de Grace Youth Sailing Program



### Program Basics

- Open to ages 7 -17 able to pass a basic swim test
- Instruction M-F, 9:00 AM to 3:00 PM
- US Sailing Level I Certified Instructors
- Student-to-instructor ratio below 10-to-1
- Red Cross certified instructors for water safety
- Discounts for multiple family enrollments
- Scholarship awards may be requested
- Expands your youth activity resume
- Build confidence, character, and sportsmanship
- Success for all



### Course Descriptions

#### First Timer/Basic/Intermediate/Advanced Sailing

- For first timers through experienced sailors
- Choose from eight 5 day first timer sessions
- Choose from three 10 day standard sessions
- Focus on water and boating safety
- Understand parts of a boat, what they do, and how they work
- Learn about nautical history and develop environmental awareness
- Build confidence, character, and sportsmanship



#### Performance Sailing

- Build on sailor's existing sailing experience
- Develop sail trimming and sail shaping skills
- Develop enhanced boat balance skills
- Racing Rules of Sailing as tactical advantage
- Competition formats, courses, and strategies
- Starting, buoy rounding, and finishing
- Choose a 10 day Opti racing skills session
- Choose the 10 day C420 racing skills session with spinnaker techniques
- Prepare for high school sailing and local competitions



#### Junior Big Boat Program Sailing

- Evening sailing activity for a limited number of sailors to crew on keel boats
- Sessions run June through September



**Register Early. Previous Sessions Have SOLD OUT!**